

IMPORTANT INSURANCE INFORMATION

Listed below are the requirements for our **2023 Health Insurance Premium Incentive***.



To qualify for the premium incentive for 2023, we will once again require employees **and** enrolled spouses to participate, completing **2 REQUIRED** items and **3 OPTIONAL** items from the menu below.

REQUIRED ITEMS...

Must be completed by the employee and, if applicable, his/her enrolled spouse.

- Annual **Wellness Physical** with your primary care physician (provide EOB or signed [form](#))
 - To help you make the most of your visit, we created a [checklist](#) with important tips and helpful reminders of what you should discuss with your doctor.
- **Blood Screening** (County-offered screening ONLY. Bring completed form to your appointment.)
 - Results can be [mailed](#) or [viewed online](#) from the Magruder Portal. It is important to set-up your portal account BEFORE your screening, to insure it's ready to go! Click [here](#) to set-up your portal account.
- Complete and return the [Registration Form](#)

OPTIONAL ITEMS...

Employees **and** enrolled spouses must complete any **3** of the following:

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| Routine Dental Visit (provide the EOB or signed form) | Flu Shot - on-site during blood screening or from any local provider (return form) |
| Fitness or weight loss program (show proof of enrollment and payment) | Confidential Health Assessment in Medical Mutual's Wellness Portal (must 'accept & submit' to advance to Bravo site, then scroll to 'Health Assessment') |
| Completion of any gender/age appropriate Preventative Exams . Click here for a list of Medical Mutual's covered services. (Provide the EOB) | Benefits Fair and/or one of the Break-Out sessions (submit signature paper for credit) |
| Education - Attend <u>1</u> In-Person or <u>2</u> Virtual Eat & Learn sessions (offered by Ottawa County) | Chronic Condition Management Program – when recommended by Medical Mutual to address specific condition (Medical Mutual will verify participation) Click here for more information! |
| Wellness Challenge (Ottawa County Wellness Committee Quarterly Challenges only) | Teladoc account - Register or update here ! |

*Although specific premiums have **not yet been determined** for 2023, if all requirements are not met by the employee and his/her enrolled spouse, if applicable, no premiums incentive will be provided.

REMEMBER: Everything is due by November 18, 2022
Late submissions will not be accepted. Keep copies of everything you submit to address questions/missing documents later!

