

# April 2022

To access ingredient content, call Senior Resources at 419-898-6459  
 REHEATING MEALS: If the tray is still sealed, puncture a hole in section to vent.  
 Heat for 1.5 to 2 minutes, depending on your appliances power level.

Mon	Tue	Wed	Thu	Fri
<p>Please Note: Due to supply chain issues, some items are not available. So we may have to make substitutions to a daily menu.</p>				<p>1 Breaded Fish Mashed Potatoes w/Gravy Green Beans Grapes Wheat Roll</p>
<p>4 Glazed Ham <b>Alt: Baked Chicken</b> Red Bliss Potatoes Brussel Sprouts Fruit Cocktail - Wheat Roll</p>	<p>5 Spinach Artichoke Chicken Mashed Potatoes w/Gravy Lima Beans Strawberry Shortcake</p>	<p>6 Spaghetti and Meatballs Italian Green Beans Tossed Salad Peaches Garlic Toast</p> 	<p>7 Beef &amp; Broccoli over Brown Rice Glazed Sugar Snap Peas Pineapple Wheat Bread</p>	<p>8 Beer Battered Fish Potato Wedges Malibu Blend Banana Wheat Roll</p> 
<p>11 Maple Glazed Chicken Baked Potato w/ Sour Cream Broccoli Berry Applesauce Wheat Roll</p> 	<p>12 Goulash Buttered Peas Betty Salad Fruited Gelatin Garlic Toast</p> 	<p>13 Open Face Turkey Sandwich Mashed Potatoes/Gravy Mixed Vegetables Pineapple &amp; Oranges</p>	<p>14 Fire Braised Pork Oven Roasted Potatoes California Blend Fruit Cocktail Wheat Roll</p> 	<p>15 Egg Salad Sandwich Chunky Vegetable Soup/ Crackers Pickled Beets Fresh Fruit Cup</p> 
<p>18 Honey Mustard Chicken Baked Potato/Sour Cream Key West Blend Veggies Pears Wheat Roll</p> 	<p>19 Bacon Swiss Burger <b>Alt: No Bacon</b> tomato/lettuce/onion/pickle Potato Wedges Fruit Cocktail</p>	<p>20 Ham Loaf <b>Alt: Baked Chicken</b> Au Gratin Potatoes Cauliflower Cantaloupe - Wheat Roll</p>	<p>21 Citrus Glazed Turkey Red Bliss Potatoes Green Beans Peaches Wheat Roll</p> 	<p>22 <i>Earth Day</i> Deli Sandwich w/Cheese <b>Alt: Turkey Sandwich</b> tomato/lettuce/onion Bean Soup - Crackers Potato Salad - Grapes</p>
<p>25 Smothered Pork Chop Mashed Potatoes/Gravy Green Beans Pineapple Wheat Roll</p>	<p>26 Beef Fajita Seasoned Black Beans Salsa - Tortilla Chips Fruit Cocktail</p> 	<p>27 Italian Sausage w/Peppers &amp; Onion in Tomato Sauce over Penne Pasta <b>Alt: Chicken in Sauce</b> Buttered Peas Banana - Wheat Bread Oak Harbor/Genoa Bday Treat</p>	<p>28 Chicken Caesar Salad Minestrone Soup-Crackers Fruited Gelatin Breadstick Elmore/Port Clinton Bday</p>	<p>29 BBQ Pork Chop Baked Beans Cole Slaw Mixed Melon Wheat Roll HDM/Danbury Bday Treat</p> 